

Newton Jaguars Coaches Information

In this presentation we will be examining
children and netball

As a representative of Newton Jaguars
Netball Club you will need to understand
some of the issues, problems and
opportunities associated with childrens
participation in sport



Why do children play sport?

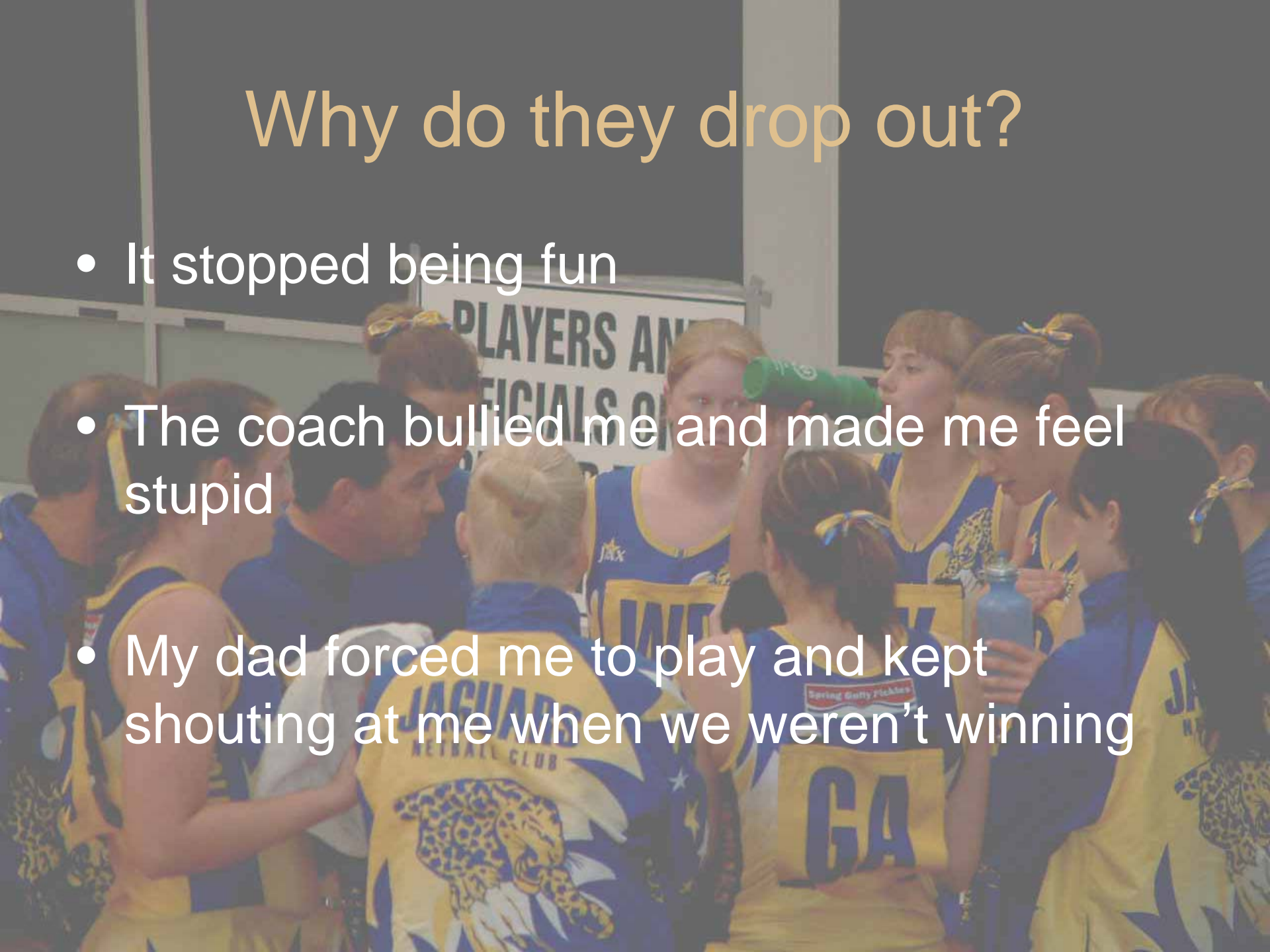
Simply because it's fun

Fun is important, however there are a lot of other factors



Why do they drop out?

- It stopped being fun
- The coach bullied me and made me feel stupid
- My dad forced me to play and kept shouting at me when we weren't winning



Netball is a fun sport that children love playing

There are, however a number of benefits netball brings to children. The benefits they receive have an positive impact on society as a whole.



Children these days are less active than in the past therefore sport is good for their health and well being

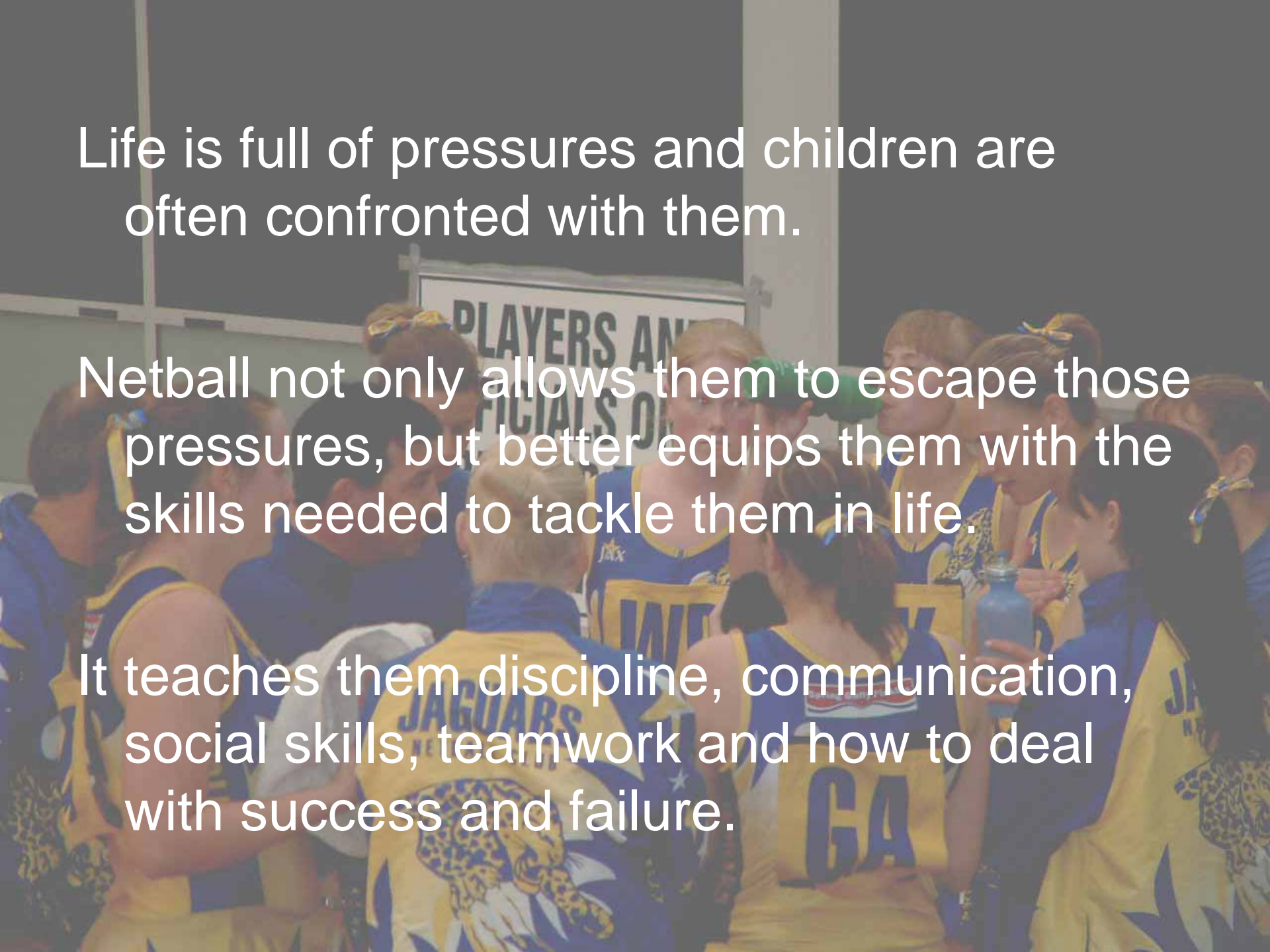
Did you know that a child's flexibility starts to decline after the age of 10?



Life is full of pressures and children are often confronted with them.

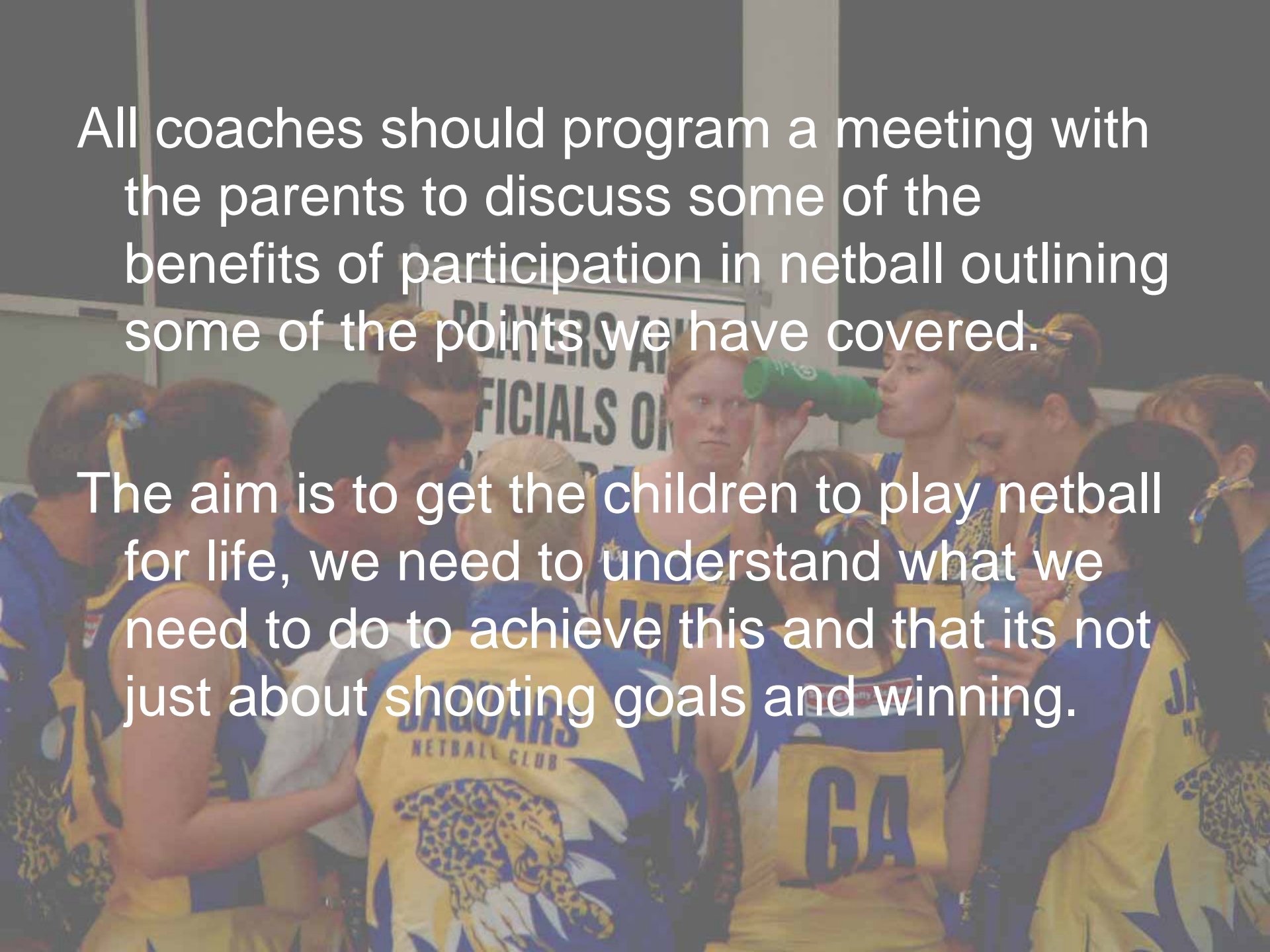
Netball not only allows them to escape those pressures, but better equips them with the skills needed to tackle them in life.

It teaches them discipline, communication, social skills, teamwork and how to deal with success and failure.



All coaches should program a meeting with the parents to discuss some of the benefits of participation in netball outlining some of the points we have covered.

The aim is to get the children to play netball for life, we need to understand what we need to do to achieve this and that its not just about shooting goals and winning.



The Club and your philosophy

Parents will want to know a little about the club, and you as a coach's approach to coaching, competitiveness and their child's welfare.



Prepare the Answers

Some Q's you may get asked.

- How many teams does the club have?
 - 26 from State League down to Sub Primaries
- What is the club's ambition and approach to winning?
 - Jags is a family orientated club, but as a State League club it is committed to achieving the best possible results from its teams.
 - Development of players is important especially in the younger years, but as players reach Junior and Inter ranks a winning attitude and commitment is fostered

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- A group of netball players in blue and yellow uniforms are gathered around a man, likely a coach or official, in a locker room or training area. The players are wearing jerseys with "JAX" and "NETBALL CLUB" visible. One player's jersey has "GA" on it. The background shows a sign that says "PLAYERS AND OFFICIALS ONLY".
- Some players thrive in a competitive environment it is important to understand many do not, therefore the parents support for their children is important.
 - Be honest in your approach and communication with players and parents

What is the Club's history and status?

- We are a State League club committed to providing the opportunity for all of its players to play at the highest level.
 - We have a development program to develop players that demonstrate potential to achieve this goal.
 - State League players and coaches conduct coaching clinics for its younger players several times a year.
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- We provide playing opportunities for players from Sub Primary age (8yo) through to State League level.

- We also provide the opportunity for disabled athletes to play netball in a competitive environment

- We were formed in 1986 as a result of the amalgamation of the Newton Netball Club and the Jaguars Netball Club. In 1989 we entered the State League competition.



Administration

The club has a very hard working team involved in running the club. These people attend to many to the club's important functions such as sponsorship, uniforms, finance, amenities etc.

Parents who may be interested are always welcome and should contact a member of committee for assistance.

Parents Meeting

Coaches should conduct a parents meeting to explain the club's and coaches approach to the game and to answer any questions from parents.



Parents Meeting

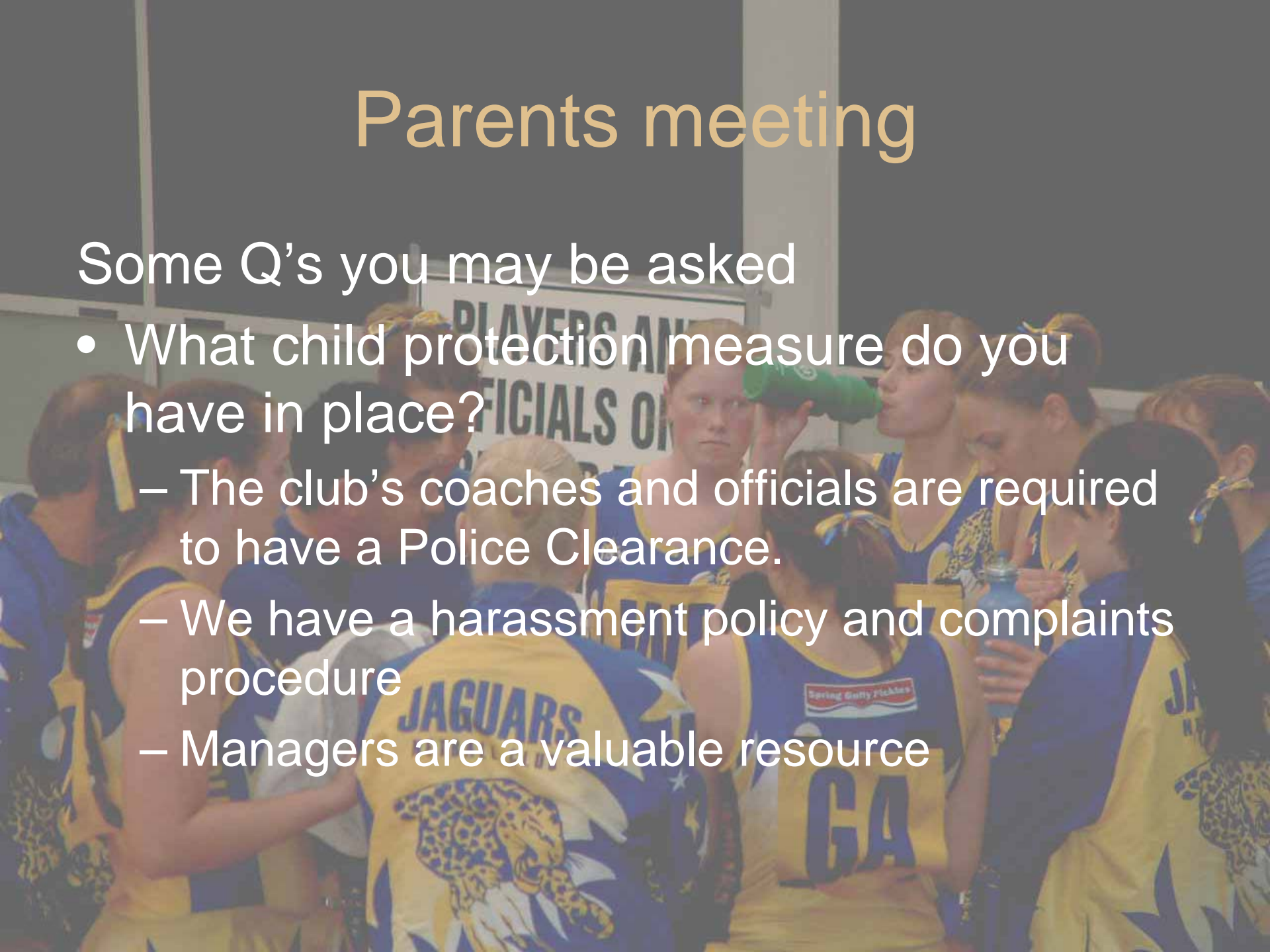
Coach

- Explain the value of parents involvement
 - Identify ways parents can help
 - Eg manager
 - First aid
 - Explain your and the clubs approach to netball
 - Answer any questions.
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- A group of netball players in blue and yellow uniforms are huddled together, listening to a coach. The coach is wearing a dark jacket and is speaking into a microphone. The players are wearing blue jerseys with yellow accents and the word 'JAGUARS' is visible on the back of one player's jersey. A sign in the background reads 'PLAYERS AND OFFICIALS ONLY'.

Parents meeting

Some Q's you may be asked

- What child protection measure do you have in place?
 - The club's coaches and officials are required to have a Police Clearance.
 - We have a harassment policy and complaints procedure
 - Managers are a valuable resource



Parents Meeting

- What is the club's attitude to performance
- Will my daughter be coached properly
 - Coaches attend certification workshops to equip them with the skills necessary to provide a high level of coaching. Specialist coaches are available to assist when required.
 - All coaches are supported by the club's Coaching Director.
 - State League coaches and players provided several coaching clinics throughout the year.



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- Will my daughter get to play every week?
 - Basically yes but court time is shared and they may sit off some of the game.
 - Yes however any injury concerns will need medical clearance before players resume playing.

Parents Role

It is important that parents understand the contribution they make to their child's netball.



Parents

Matches happen with a great deal of help from club members and various organisations.

Team support roles are a way parents can help.

- Team manager – help with bibs, notices, fee collection and first aid when needed
- Scorers and Timers – needed every week, Team Managers should do a roster of all parents to assist with this function.
- Support Club functions and fundraisers – these help provide much needed funds to enable the club to provide the best facilities and personnel for its players.
- Support our sponsors, by supporting their business and their products to secure their continued support.

Parentst

- At times extra adult supervision is required parents can help with this
- Promote the club and its function to friends and work colleagues
- Organise functions for the team.
- Watch training as well as games, players appreciate this.
- Get involved in umpiring or coaching the club will provide training and support.

Attitudes and Expectations

In this section we will look at attitudes and expectations of Players, Coaches and Parents.

We will also look at how to manage these.



Competitiveness has its place

Kids go out and have fun and enjoy winning along the way

In a recent survey 54% of children said that there was too much pressure to win

A further 42% said coaches placed too much pressure on them to win – remember who the game is there for player or coach

26% said parents who become self absorbed in the game lessened the fun

Expectations

It's amazing how many parents believe their daughter is the next Liz Ellis or Australian Netball player

- Having dreams or aspiration is to be encouraged but make sure it's the child's dream not the parents
- We all know that not every player will play State League, however we want to make their time with the club a positive experience

Inclusion

Newton Jaguars does not make exclusions based on ability, race or age.

We welcome all players to the club and encourage them to be part of club activities.



Code of Conduct

The club has a code of conduct for:

- Players
- Coaches
- Parents and Spectators

Familiarise yourself with those and do not tolerate people who fall outside the code of conduct.



Role of the Coach

The way a coach interacts with players, parents and other members of the club is important.

The coach has an important role in building a lifelong love of the game for their players.



Role of the Coach

The role of the coach is to

- Support and encourage players
- Respect the players, parents and officials
- Be prepared and organised
- Be a role model
- Provide inspiration



Communicate with parents

Let it be known that you are approachable and that parents and players should approach you with any concerns.

Be honest and courteous in your dealings with parents as this will make the job so much easier

The club has a grievance officer and complaints procedure should parents wish to take concerns further



Child Protection

Newton Jaguars takes child protection seriously and insists that all of its coaches and officials have appropriate police clearances.



Child Protection

- Players welfare is our No1 concern
- All players have the right to be protected from abuse regardless of age, culture, language, race, religion or beliefs.
- All reports or suspicion of abuse will be taken seriously and acted upon swiftly

